

Community Resource Guide



This guide is provided for your use by the Mecklenburg County Health Department. Its purpose is to let you know about health and well-being offered in our community by the Health Department and other agencies. This guide does not represent a complete listing of service providers in our community. If your agency would like to be included in this guide, please visit www.meckhealth.org and “send feedback”.

Choose a topic below to view listing of available resources.

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Community Resources
Abuse

Child Abuse/Neglect	Address	Phone	Services
Reporting/Investigation (DSS)	Wallace H. Kuralt Centre, 301 Billingsley Road, Charlotte, N.C. 28211 P O Box 220999 Charlotte, N.C. 28222	704-336-2273	Conducts investigations, family assessments, in-home case management and administers foster care and adoption services. http://www.charmeck.org/Departments/DSS/Home.htm
Counseling/Support Services (DSS)	2200 E. 7 th Street Charlotte, N.C. 28205 Mailing: P O Box 35458 Charlotte, N.C. 28235	704-376-7180	Conducts investigations, family assessments, in-home case management and administers foster care and adoption services. http://www.charmeck.org/Departments/DSS/Home.htm
Arosa House of Family Ctr.	1030 Arosa Ave. Charlotte, N.C. 28203	704-334-9983	Residential home for teen mothers and their baby(s); offers comprehensive case management; will be opening the beginning of May 2008.
Group Home Treatment The Family Center	2200 E. 7 th Street Charlotte, N.C. 28205 Mailing: P O Box 35458 Charlotte, N.C. 28235	704-376-7180	Child/adolescent family therapy, diagnostic assessments, intensive in-home services, infant mental health, in-home family education, nurturing program, parent-child interaction therapy, school based programs, summer camp. www.thefamilycenter.net
Foster Care (DSS)	YFS location is 720 E. 4 th Street Charlotte, N.C. 28202 Fax 704-336-7429	704-336-2273	Conducts investigations, family assessments, in-home case management, and administers foster care and adoption services. http://www.charmeck.org/Departments/DSS/Home.htm

Community Resources

Abuse

Adult Abuse/Neglect	Address	Phone	Services
Reporting/Investigation (DSS)	301 Billingsley Rd. Charlotte, N.C. 28211	704-336-2273	Centralized intake, monitoring unit, guardianship, adult protective services (APS), caregiver support, services to maintain independence (SMI). http://www.charmeck.org/Departments/DSS/Home.htm
Shelter for Abused Spouse Battered Women's Shelter	P O Box 220312 Charlotte, N. C. 28222	704-332-2513	30 day emergency shelter, support groups, counseling, legal clinic.
Counseling for Abused Men (New Options for Violent Action—NOVA)	3623 Latrobe Drive Suite 107 Charlotte, N.C. 28211	704-336-4344	Education classes for abusive partners and offenders of domestic violence.
Sexual Assault Charlotte Police Dept.	601 E. Trade Street Charlotte, N.C. 28202	704-375-3300	Sexual assault unit investigates all sexual assaults, including but not limited to: rapes, sexual assaults, sexual battery, peeping toms, indecent exposure and some other sex related cases. http://www.charmeck.org/Departments/CMPD/Investigative+Services/Criminal+Investigations/Sexual++Assault/home.htm
Rape Crisis (Victim Assistance) United Family Services	601 E. Fifth St. Suite 400 Charlotte, N.C. 28202	704-375-9900	Crisis Intervention & Advocacy: 24-hour hotlines for victims of sexual assault; 24-hour hospital accompaniment for victims of sexual assault; Accompaniment to police interviews or meetings with district attorney; Advocacy within the criminal court system; Assistance to youth investigators in interviewing child victims; Assistance with victim compensation applications; Child abuse prevention education; Counseling for children who have been sexually abused and their families; Counseling for children who have witnessed violence; Crisis intervention and short-term counseling for

Community Resources

Abuse

Adult Abuse/Neglect	Address	Phone	Services
			<p>victims of violent crime; Educational presentations on victimization and prevention; Grief counseling following a homicide; Post-traumatic stress debriefings for groups affected by violence; Support groups for teens and adult women who have been sexually assaulted; Training on issues of victimization and response to victims; Tree House Children’s Advocacy Center.</p> <p>Domestic Violence Services: 24-hour emergency room response at Carolinas Medical Center; 24-hour emergency shelter in secure and confidential location; 24-hour hotline; Counseling for women (and their children) who have experienced intimate partner violence; Counseling for incarcerated women who have experienced intimate partner violence; Court accompaniment and assistance with filing protective orders.</p> <p>Support groups: Heart to Heart ten theatre (in partnership with The Children’s Theater of Charlotte) http://www.unitedfamilyservices.org/</p>

Community Resources

Advocacy

Children	Address	Phone	Services
Council for Children	601 E. 5 th Street Suite 510 Charlotte, N.C. 28202	704-372-7961	Advocacy for children (I.E. guardian ad litem).
Generic			
United Way Info & referral Line	Dept. of Social Services 301 Billingsley Road Charlotte, N.C. 28211	704-377-1100	Provides data and referral assistance for non-profit & government resources in Mecklenburg, Cabarrus and Union Counties.
Neighborhood Services & Development Department	600 East Trade Street Charlotte, N.C. 28202	704-336-3380	Housing code enforcement, affordable housing development, job training & placement, small lending & support, neighborhood-based problem solving & community leadership development.
Disability Rights and Resources	5801 Executive Center Dr. Suite 101 Charlotte N.C. 28212	704-537-0550	Provides advocacy, training, information and peer support services to people with all disabilities so they may achieve greater independence.

Community Resources
AIDS/HIV

Agency/Clinic	Address	Phone	Services
Meck. County Health Dept. CAP/DA	249 Billingsley Rd. Charlotte, N.C. 28211	704-336-4674	For those who have AIDS and need Case Management Services and in-home services to avoid nursing home services
Meck. County Health Dept. HIV Case Management Program	249 Billingsley Rd. Charlotte, N.C. 28211	704-336-5384	HIV Case Management
Metrolina AIDS Project	227 East Blvd. Charlotte, N.C.	704-333-1435	HIV Case Management

Community Resources

Clothing

Agency/Clinic	Address	Phone	Services
Crisis Assistance Ministry	500 Spratt Street Charlotte, N.C. 28206	704-371-3001	"Free Store" provides good, quality clothes, household items, furniture and appliances free of charge.
Matthews Community HELP Center	119 N. Ames Street Charlotte, N.C 28105	704-847-8383	Donated clothing and household items are available at minimal cost in thrift store called "Backporch Treasures".
Goodwill Industries	2901-A Freedom Drive 1909 Sardis Road, North	704-372-3434 704-841-8600	Donated clothing and household items are available at minimal cost.
Salvation Army	6301 South Blvd. 1011 Central Avenue	704-552-2925 704-332-1171	Donated clothing and household items are available at minimal cost.

Community Resources
Day Care - Adult & Children

Agency/Clinic	Address	Phone	Services
Adult			
Family Outreach & Counseling Center	700 Parkwood Ave. Charlotte, N.C. 28205	704-333-2033	Counseling services.
Adult Care and Share	6709 Idlewild Road Charlotte, N.C. 28212	704-567-2700	Adult day health care.
Child			
Child Care Search	Offices in Union, Cabarrus, and Mecklenburg Counties	Union: 704-238-8800 Cab: 704-786-1024 Meck: 704-348-2181	Provide free referrals for child care to child care centers, family child care homes, preschools, school-age child care, head start programs, summer camps. http://www.childcareresourcesinc.org/about/kindergarten.aspx
Child Care Resources	4601 Park Road Charlotte, N.C. 28209	704-376-6697	Child care.
Mental Retardation			
Association for Retarded Citizens	200 E. Franklin Blvd. Gastonia, N.C. 28052	704-861-1036	Services: advocacy services; family support; quarterly workshops. Programs: Aktion Clubs; SibShops; Noah's Arc; FASD committee. http://www.arcmeck.org
Center for Human Development (Carlton G. Watkins Center)	3500 Ellington Street Charlotte, N.C. 28211	704-336-7130	Intake line; children 3 and under.
St. Mark's Child Development Center	917 Clanton Road Charlotte, N.C. 28217	704-527-5433	Child care.
Mecklenburg Respite Services - DSS for Adults	Wallace H. Kuralt Centre 301 Billingsley Road Charlotte, N.C. 28211 Mailing: P O Box 220999 Charlotte, N.C. 28222	704-353-5500	Provides personal care, home management, and respite services to elderly and disabled adults who are unable to perform these tasks. http://www.charmeck.org/Departments/DSS/Services+for+Seniors+and+the+Disabled/Home.htm

Community Resources
Day Care - Adult & Children

Agency/Clinic	Address	Phone	Services
Cerebral Palsy			
United Cerebral Palsy Development Center	716 Marsh Road Charlotte, N.C. 28209	704-522-9912	Services: individual and community support; child and family services; mental health services; supported employment training; durable medical equipment; information and referrals. http://nc.easterseals.com/site/PageServer?pagename=NCDR_homepage

Community Resources

Dental

Agency/Clinic	Address	Phone	Services
Abrams Gregory DMD & Associates	8170 S Tryon St Charlotte, NC 28273	(704) 405-5690	-General Dentistry -Accepts Medicaid
American Association of Oral & Maxillofacial Surgeons	1028 W 5 th Street Charlotte, NC 28202	(704) 332-1591	-Oral and Maxillofacial Surgeries -Accepts Medicaid
Breland A Breece DDS	4436 Park Rd Charlotte, NC 28209	(704) 525-2625	-Pediatric Dentist -Accepts Medicaid
Carolinas Medical Center Dentistry	1000 Blythe Boulevard Charlotte, NC 28203	(704) 355-2165	- Emergency/limited care appointments only-Oral surgery. Sees ages 14 and up.
Carolinas Mobile Dentistry	1000 Blythe Blvd Charlotte, NC 28203	(704) 355-5317	-General Dentistry -Accepts Medicaid
Charlotte Dental Society	1112 Harding Place Charlotte, NC 28204	(704)376-6555	-Keep an updated pre-recorded list of dentists who accept Medicaid. -Medical/Dental Referral Line-(704)376-0847 -Give 3 names of dentists in zip code. -Call for information 9:00a-1:00p.
Charlotte Pediatric Dentistry	411 Billingsley Road Charlotte, NC 28211	(704)377-3687	-Accepts Medicaid -Pediatric Dentist
Christopher K. Anene DMD & Assoc.	3067 Whitehall Park Dr Charlotte, NC 28273	(704) 831-6344	-General Dentistry -Accepts Medicaid
Clark Pediatric Dentistry	7810 Providence Rd Charlotte, NC 28104	(704) 543-3766	-General Dentistry -Accepts Medicaid
Coffey Ralph A DDS	460 S Main St Davidson, NC 28036	(704) 892-0655	-General Dentistry -Accepts Medicaid
Crest Dental Health Education		1-800-543-2108	-Provides dental supplies, re: toothbrushes, toothpaste, etc., for students in grades 1 and 5. http://pgschoolprograms.com
Don G Tipton & Associates	11535 Carmel Commons Blvd Suite 200 Charlotte, NC 28226	(704) 540-2443	-Accepts Medicaid only on Mondays -General Dentistry

Community Resources
Dental

Agency/Clinic	Address	Phone	Services
Mecklenburg County Health Department Children's Dentistry/CMC Biddle Point Dental Services Dr. Gary Kushner, Dental Director, Biddle Point Roland Estep, Dental Assistants Supervisor, Biddle Point	1801 Rozzelles Ferry Road Charlotte, NC 28208	(704)350-7300 (704)350-7307 (704) 350-7305	-Provides dental services for any child 15 yrs or younger who lives in Mecklenburg County. -Accepts Medicaid, NC Health Choice, Private Dental Insurance, and has a Sliding Fee Scale. -Call for an appointment Mon.-Fri. 8:00a-4:30p. -Spanish speaking staff. -Best time for nurses to call-around 2:00p.
Dr. Curtis Newsome DDS	4845 Johnston Oehler Rd Suite STE Huntersville, NC 28078	(704) 875-8033	-General Dentistry -Accepts Medicaid
Dr's Norman Summerville & Associates PLLC	491 N Wendover Rd Charlotte, NC 28211	(704) 540-5400	-General Dentistry -Accepts Medicaid
Eastfield Pediatric Dentistry & Orthodontic	8631 Arbor Creek Dr Charlotte, NC 28269	(704) 875-9075	-General Dentistry -Accepts Medicaid
Gary R Sugg DDS MS	4525 Park Rd Charlotte, NC 28209	(704) 527-4895	-General Dentistry -Accepts Medicaid
Gouch John B DDS	3616 Michigan Ave Charlotte, NC 28215	(704) 537-6636	-General Dentistry -Accepts Medicaid
Laxer, Long, & Savage	7820 Ballantyne Commons Parkway # 200 Charlotte NC, 28277	(704) 759-0000	-Has specialists in orthodontics and pediatric dentistry -Accepts Medicaid
Luong-Huy Le DDS PLLC	2614 East 7th Street Charlotte, NC 28204	(704) 295-0151	-General Dentistry -Accepts Medicaid
Mack Thomas A DDS	2506 Beatties Ford Rd Charlotte, NC 28216	(704) 392-4428	-General Dentistry -Accepts Medicaid

Community Resources
Dental

Agency/Clinic	Address	Phone	Services
Mecklenburg County Dentistry		(704) 336-4735	-General Dentistry -Accepts Medicaid
Mid-Carolina Dental Center PLLC	9336 Blakeney Center Dr Suite STE Charlotte, NC 28202	(704) 759-8210	-General Dentistry -Accepts Medicaid
Mohammad Yaghi DDS	16511 Northcross Dr Huntersville, NC 28078	(704) 439-3601	-General Dentistry -Accepts Medicaid
Mountain Island Pediatric Dentistry Monique D. McEachern, DDS, PLLC	10226 Couloak Drive_Suite 100 Charlotte, NC 28216	(704) 971-7272	-Preventative Care and Services -Restorative Dentistry -Infant Oral Care -Habit Development and Management -Interceptive Orthodontics -Trauma Treatment and Management Emergency Treatment
Partnership for Children's Dental Health/PCDH *Queen Smalls (contact)	601 E. 5th Street Suite 140 Charlotte, NC 28202	*(704)248-3718- (office) *(704)943-3748- (fax) *queen.smalls@chs.n c.org	-Provides oral health education for pre-schoolers. -Provides dental awareness @ community events. -Provides access to dental care for students in elementary schools. Schools targeted each school year (5/SY) per same. -Provides dental referrals for all ages.
Pediatric Dentistry of Matthews Scott D. Goodman, DDS	1340 Matthews Township Parkway #201 Charlotte, NC 28105	(704) 847-4717	-Pediatric Dentist -Accepts Medicaid
Raiford, Daniel, M	400 N Tryon St Suite B220-231 Charlotte, NC 28202	(800) 945-9618	-General Dentistry -Accepts Medicaid
Scott Robert E DMD	4100 Triangle Dr Suite B Charlotte, NC 28208	(704) 393-2626	-General Dentistry -Accepts Medicaid

Community Resources
Dental

Agency/Clinic	Address	Phone	Services
Smile Starters (formerly Medicaid Dental Clinic)	3053 Freedom Drive 4901 N. Tryon Street Charlotte, NC	(704)393-3911 (704)921-0204	-Accept Medicaid and NC Health Choice. -100% of cost covered by Medicaid and NC Health Choice. - Spanish speaking staff.
The General Dentistry and Emergency Dental Services Office	Woodlawn Road Charlotte, NC	(704)527-2992	-Cosmetic dentistry only. -Payment in full.
U Phillip Igbinadolor DMD	2416 W Sugar Creek Rd Charlotte, NC 28262	(704) 494-8484	-Cleanings -Fillings -Extractions
University City Dental	8732 University City Blvd Charlotte, NC 28213	(704) 549-1911	-Services patients 13 and older -Emergency treatment, complete dental examination with X-rays, cavity fillings
Vo Minh Oai DDS	469 North Wendover Rd Charlotte, NC 28211	(704) 364-6666	-General Dentistry -Accepts Medicaid
Walsh John T DDS	4632 Holbrook Dr Charlotte, NC 28212	(704) 537-1990	-General Dentistry -Accepts Medicaid
Walter Schacht Dentistry	2200 The Plaza Charlotte, NC 28205	(704) 334-8106	-General Dentistry -Accepts Medicaid
Webber Spurgeon W III DDS PA	2301 Keller Ave Charlotte, NC 28216	(704) 392-9357	-General Dentistry -Accepts Medicaid
Weinstein Scott L DDS PA	3300 Service St Charlotte, NC 28206	(704) 905-7675	-General Dentistry -Accepts Medicaid
Young & Polite Children's Dentistry	11010 S Tryon St Charlotte, NC 28273	(704) 587-7336	-Fillings to match the natural color of your teeth -Microabrasion, bleaching

Community Resources
Drug Abuse

Agency/Clinic	Address	Phone	Services
McLeod Center	145 Remount Road	704-332-9001	Adolescent & Adult substance abuse treatment
Chemical Dependency Center of Charlotte Mecklenburg	100 Billingsley Road	704-376-7447	Treatment and education of alcohol and substance abuse
Substance Abuse Prevention Services	1117 E. Morehead Street	704-375-3784	Prevention
Narcotics Anonymous	Information Line	704-379-0440	NA meeting schedules/locations
Charlotte Rescue Mission	907 W. First Street	704-334-4635	Residential Treatment
Rebound (for men)	907 W. First Street	704-334-4635	Residential Treatment
Dove's Nest (for women)		704-332-3999	Residential Treatment

Community Resources
Financial Assistance

Financial Assistance	Address	Phone	Services
Non-medical Ongoing			
Child support Enforcement - 26 th Judicial District - Self Service Center	500 West Trade Street Charlotte, N.C. 28202	704-342-7359	Location of absent parents; establishment of paternity for illegitimate children; establishment of legal child support obligations; collection of child support payments; enforcements of child support obligations http://www.aoc.state.nc.us/www/public/courts/meck/disk01/index.html
Department of Social Services	301 Billingsley Road Charlotte, N.C. 28211	704-336-4809	Economic Services Division (EDS) provides financial, medical, and food assistance. Programs: Work first cash assistance; work first employment services; food stamps; Medicaid; refugee assistance; energy assistance program; managed care of Medicaid recipients. http://www.charmeck.org/Departments/DSS/Home.htm
Employment Security Commission	7140 Forest Point Blvd. #A Charlotte, N.C. 28217	704-565-6865	Individual Services: on-line employment information and filing; search job openings, register for work; research labor market; career planning, etc. http://www.ncesc.com/
Social Security Administration	5800 Executive Ctr. Dr. Suite 300 Charlotte, N.C. 28212	1-800-772-1213	Medicaid; Medicare; Disability; SSI http://www.socialsecurity.gov
Medical			
Department of Social Service Family/Children Medicaid	301 Billingsley Road Charlotte, N.C. 28211	704-336-3150	http://www.charmeck.org/Departments/DSS/Home.htm
Social Security Administration	5800 Executive Ctr. Dr. Suite 300 Charlotte, N. C. 28212	1-800-772-1213	Medicaid; Medicare; Disability; SSI http://www.socialsecurity.gov

Community Resources

Financial Assistance

Financial Assistance	Address	Phone	Services
Non-Medical			
Charlotte Area Fund	901 North Tryon St. Charlotte, N.C. 28206 Mailing: P O Box 34188 Charlotte, N.C. 28234	704-372-3010	Offers four main programs to provide low-income citizens to become more self-sufficient. These programs include: Self Sufficiency program; weatherization assistance program; specialized seniors program; nutrition assistance program. www.charlotteareafund.org
Crisis Assistance Ministries	500-A Spratt Street Charlotte, N.C. 28206	704-371-3000	Programs: Emergency financial assistance; free store; economic self-sufficiency. http://crisisassistance.org/
Emergency Assistance-AFDC	500-A Spratt Street Charlotte, N.C. 28206	704-371-3000	Programs: Emergency financial assistance; free store; economic self-sufficiency. http://crisisassistance.org/
Good Fellows Club	700 Parkwood Avenue Charlotte, N.C. 28205	704-333-5040	Good Fellows provides emergency assistance to families in need throughout the year. http://goodfellowsclub.org
Salvation Army	534 Spratt Street Charlotte, N.C. 28206	704-334-4731	Homeless shelter; childcare services; parenting and computer classes; substance abuse treatment; case management; transportation to community agencies; thrift store. www.salvationarmycharlotte.org
Community Link	601 E. 5 th St. Suite 220 Charlotte, N.C. 28237 Mailing: P O Box 37265 Charlotte, N.C. 28202	704-943-9490	Assessment and referrals; rental/supportive housing programs; tenant education; housing resource developments; housing needs assessment; housing placement; in-home follow up services . http://communitylink-nc.org/

Community Resources

Financial Assistance

Energy Assistance	Address	Phone	Services
Low Income Energy Assistance - DSS	301 Billingsley Road Charlotte, N.C. 28211	704-353-1336	The Low Income Energy Assistance Program (LIEAP) provides for a one-time cash payment to help eligible households to pay a portion of their heating bills. Some food stamp recipient households are automatically eligible based on information found in the food stamp system during a computer data match completed on September 30. Any resident of Mecklenburg County (including food stamp households that are not automatically eligible) can apply for the program during the mandatory application taking period the first two weeks of November. The LIEAP checks are mailed to the recipients on January 31. http://www.charmeck.org/Departments/DSS/Home.e.htm
Crisis Assistance Ministries	500-A Spratt Street Charlotte, N.C. 28206	704-371-3000	The Emergency Financial Assistance Program services individuals and families in financial distress by preventing eviction and utility loss with payments made directly to utility companies and landlords. http://crisisassistance.org/
Low Income Energy Assistance AFDC	500-A Spratt Street Charlotte, N.C. 28206	704-371-3000	Programs: Emergency financial assistance; free store; economic self-sufficiency http://crisisassistance.org/
Good Fellows	700 Parkwood Avenue Charlotte, N.C. 28205	704-333-5040	Good Fellows provides emergency assistance to families in need throughout the year. http://goodfellowsclub.org
Salvation Army	534 Spratt Street Charlotte, N.C. 28206	704-334-4731	Homeless shelter; childcare services; parenting and computer classes; substance abuse treatment; case management; transportation to community agencies; thrift store. www.salvationarmycharlotte.org

Community Resources

Financial Assistance

Mortgage Counseling	Address	Phone	Services
United Family Services	601 E. 5 th Street Suite 400 Charlotte, N.C. 28202	704-332-9034 Fax 704-373-1604	Budgeting and money management education and planning; debit management program; mortgage delinquency/loss mitigation/default resolution ; pre/post rental counseling; pre-purchase homeownership counseling; rental delinquency; reverse mortgage counseling. www.unitedfamilyservices.com
Children			
Department of Social Service Community Health Services	301 Billingsley Road Charlotte, N.C. 28211	704-336-3150	http://www.charmeck.org/Departments/DSS/Home.htm
Leukemia Society and Lymphoma Society	5950 Fairview Road Suite 250 Charlotte, N.C. 28210	704-998-5012 Fax 704-998-5010	The society's Patient Financial Aid Program offers financial reimbursement for some medications, transportation and procedures for those in need. The Society's Co-Pay Assistance Program offers financial support towards the cost of insurance co-payments and/or insurance premium costs for prescription drugs. Patients must qualify both medically and financially for this program. www.leukemia-lymphoma.org
Attendant Care Assistance			
Disability Rights and Resources (formerly Programs for Accessible Living)	5801 Executive Center Dr. Suite 101 Charlotte, N.C. 28212	704-537-0550	Center for independent living for people with disabilities; provide information and referrals for community resources and services; offer independent living skills training; advocacy; peer advocates - mentoring by people with disabilities living in the community. www.disability-rights.org

Community Resources
Financial Assistance

Attendant Care Assistance	Address	Phone	Services
Child Care (financial assistance) Child Care Subsidy Meck. Co. Dept. of Social Services & Child Care Resources, Inc.	4601 Park Road Suite 500 Charlotte, N.C. 28209	704-348-2181 704-376-6697	Subsidies help low-income families pay for quality child care which allows them to work or attend school. The program is administered through Child Care Resources Inc.
Adult Day Care (financial assistance)	301 Billingsley Road Charlotte, N.C. 28211	704-336-4809	Financial assistance through DSS is available to any older and/or disabled adult without regard to income, though funding is limited. http://www.charmeck.org/Departments/DSS/Services+for+Seniors+and+the+Disabled/common+questions/2faq+day+care.htm

Community Resources Food Assistance

Food Assistance	Address	Phone	Services
Food Stamps			
Department of Social Services	301 Billingsley Rd 28211	704-336-3150	Application for Food stamps, assistance obtaining food
Commodity Distribution			
Youth Council *****PLEASE NOTE*****	No answer at number, No address	704-399-2274 - The number listed is no longer the Youth Council. This is someone's private line.	<u>No listing able to be found for Youth Council - suggestion made to NOT include this in the listing of MCHD Community Resources.</u>
Food Banks			
Second Harvest Food Bank	500-B Spratt St 28206	704-376-1785	
Food Pantries (Emergency)			
Matthews Community HELP Center	119 N. Ames Street Matthews, N.C. 28105 P O Box 91 Matthews, N.C. 28106	704-847-8383 Fax: 704-847-1621	www.matthewshelpcenter.org
Loaves and Fishes	12 pantries, use Web address for locations	704-523-4333	www.loavesandfishes.org (click on pantries)
Native American Center	Ph # d/c	704-331-4818	
Food Assistance (Emergency)			
Crisis Assistance Ministry	500-A Spratt St 28206	704-371-3000	www.crisisassistance.org clothes, furnishings, financial assistance, food
Soup Kitchens			
ST. Peter's Soup Kitchen @ Urban Ministry	945 N. College St 28206	704-347-0278	

Community Resources
Food Assistance

Home Delivered Meals for the Elderly	Address	Phone	Services
Friendship Trays	2401-A Distribution St. 28203	704-333-9229	www.friendshiptrays.org
Senior Nutrition Center	No listing, no number		
Home Delivered Meals for the Handicapped			
Friendship Trays	2401-A Distribution St. 28203	704-333-9229	

Community Resources

Free/Low Cost Health Service Referrals (for Mecklenburg County Only)

FREE CLINICS:	Address	Phone	Services
Bethesda Health Center	133 Stetson Charlotte, 28262	(704) 596-5606	Primary Care All Ages Wednesdays Primarily Hispanic population
Charlotte Community Health Center	3040 A Eastway Dr. Charlotte, 28205 (Eastway Crossing Shopping Ctr)	704-316-6561	Primary care, acute episodic, & chronic disease BY APPOINTMENT ONLY Financial Screening Ages 19 and Above
Charlotte Volunteers In Medicine Clinic	Greenville Community Ctr 1330 Spring Street Charlotte, NC 28206	704-350-1300	Primary Care By APPOINTMENT ONLY Financial Screening
CPCC Dental Clinic		704-330-6704	Cleaning and X-rays \$20.00/visit
Dental Bus	Mecklenburg Baptist Nursing Fellowship	704-231-0768	General Dental Care, Can pull teeth
Free Clinic of Our Towns (Davidson - Zip Codes: 28031, 28036, 28078, 28115, 28117, 28118)	212 Gamble Street, Davidson 28036	704-655-2880	Volunteer ED Primary Care Thursdays 6-8:00
Lake Norman Free Clinic (Huntersville - Zip Codes: 28031, 28036, 28078, 28117, 28118) www.LKNFreeClinic.org	14230 Hunters Rd. Huntersville, NC	704-947-6858	Wednesday evenings 5:30-8:30pm Primary Care New pts. First come first served, need 2 forms for address verification
Matthews Volunteers in Medicine Health Clinic (Matthews - Zip Codes: 28105 and 28106)	113 Ames Street Matthews, 28105	704-841-8882	Wednesdays 4-8 pm. BY APPOINTMENT ONLY General acute basic Family Medicine Financial Screening Required
MedAssist of Mecklenburg	5516 Central Avenue	704-536-1790	Medication assistance Referral Required Financial Screening Required

Community Resources

Free/Low Cost Health Service Referrals (for Mecklenburg County Only)

FREE CLINICS:	Address	Phone	Services
Physician' ReachOut		704-371-4740	Appointments made to see physicians in general practices. (Sponsored by Mecklenburg County Medical Society) Financial Screening Required
Shelter Medical Clinic (Salvation Army's Shelter for Homeless Women/Children)	534 Spratt Street Charlotte, 28206	704-334-0000	Primary Care for Salvation Army Residents Only 3 to 7 pm

Community Resources
Furniture

Agency/Clinic	Address	Phone	Services
Crisis Assistance Ministry	500-A Spratt Street Charlotte, N.C. 28206	704-371-3001	Provides emergency financial assistance to prevent eviction, utility loss and hunger, provides donated clothing and household items at no charge; provides families opportunities to set and achieve manageable goals. www.crisisassistance.org
Goodwill	2901 A Freedom Dr. 1909 Sardis Road North	704-372-3434 704-841-8600	Over 15 locations in Charlotte, with more than 20 stores in surrounding Mecklenburg County. www.goodwillsp.org
Salvation Army	6301 South Blvd. 1011 Central Avenue	704-552-2925 704-332-1171	Thrift store www.salvationarmycharlotte.org

Community Resources
Health

Mental Health	Address	Phone	Services
CMC Randolph	501 Billingsley Rd Charlotte, N.C. 28211	704-358-2810	Crisis stabilization for adults, adolescents and children. The only dedicated psychiatric emergency department in the region staffed by board-certified physicians 24 hours-a-day, 7 days-a-week. Adult inpatient services; separate inpatient units for adolescents (13-17 years old) and children (5-12 years old); accredited school program; 24 hour call center provides confidential screenings, referrals and information; bilingual therapists and interpreters available. Medicaid, Medicare and most insurance plans accepted; sliding fees available for Mecklenburg County residents; ropes course/sports court; extensive outpatient continuum. http://www.carolinashealthcare.org/services/behavioral/centers/Randolph.cfm
Physician's Appointments	501 Billingsley Rd 28211	704-444-2400	See above
Emergency Services	501 Billingsley Rd 28211	704-444-2400	See above
Outpatient Services	501 Billingsley Rd 28211	704-444-2400	See above
Prevention/Education	501 Billingsley Rd 28211	704-444-2400	See above
Continuing Care Division	501 Billingsley Rd 28211	704-444-2400	Case management; community support programs (achievers/confidence clubs); Geriatric in-home/community support for clients in rest/nursing homes; day treatment/partial hospitalization; medication clinic; special substance abuse services' volunteer friends; homeless outreach; crisis stabilization; employment (transitional/full-time).

Community Resources

Health

Chronic Illness	Address	Phone	Services
American Cancer Society	6000 Fairview Rd Suite 200 Charlotte, N.C. 28210	704-552-6147	Publication/professional education; supplies provided; cancer support groups; transportation. www.cancer.org
American Heart Association	222 S. Church St Suite 303 Charlotte, N.C. 28202	704-374-0632	Public education/awareness; CPR training; blood pressure screenings; professional education; school/work site programs; research funds. www.americanheart.org
American Lung Association of North Carolina	3801 Lake Boone Trail Suite 190 Raleigh, N.C. 27607	800-892-5662 Fax: 919-856-8530	Smoking cessation; public/professional education; Better Breathing Club; support group for parents of asthmatic children. www.lungnc.org
Community Health Services	601 E. 5 th Street Charlotte, N.C. 28202	704-375-0172	Diabetes services; Central Carolina Liver Association; emergency medication services; occupational health services; Parkinson Support Group; senior health services.
Arthritis Patient Services	500 E. Morehead Street Suite 320 Charlotte, N.C. 28202	704-331-4878	Support groups; interact sessions; private and group psychological counseling; range of motion classes; water therapy sessions; recreational therapy; individual medical education; pre-operative education; civic and professional programs.

Community Resources

Hearing

Agency/Clinic	Address	Phone	Services
Audiology Dept./CMS	401 E. 9 th Street Charlotte, NC 28202	(980)343-5455/Office (980)343-5229/Fax	Screens Pre-K, Kindergarten, and First Grades (all students), including autistic, Bright Beginnings, and any other EC students. Screens new students since last screening (K-12). Screens students on the known loss list @ schools.
Auditory Learning Center	304 E. Jones Street Raleigh, NC 27601	(919)828-1218	Offers center based oral programming to hard of hearing children 0-5 years of age. Services available locally. Private insurance or self-pay.
Carolina Children's Communicative Disorders Program (CCCDP)	5501 Fortunes Ridge Drive, Ste. R Durham, NC 27713	(919)419-1449	A program that provides services and devices for NC children with hearing impairments and other communication disorders in families who have financial resources. Contact program for more information. *Geared towards families that have a financial assistance need.
Catherine M. Leister and Associates, Inc.	11121 Carmel Commons Blvd., Ste. 440 Charlotte, NC 28226	(704)541-3737	Language development, articulation, fluency, auditory processing, individual and group therapy. Direct payment as services are rendered (client files for insurance).
Center for Acquisition of Spoken Language Through Listening Enrichment (CASTLE)	5501 Fortunes Ridge Drive, Ste. A Durham, NC 27713	(919)419-1449	CASTLE parenting training program provides comprehensive services to families with children who are deaf and hard of hearing. Program linked up with CCCDP. Contact program for more information. *Geared towards families that have a financial assistance need.

Community Resources
Home-Based Services

Agency/Clinic	Address	Phone	Services
Personal Touch Care Team	5019 Nations Crossing Rd. Charlotte, N.C. 28217	704-523-8515	In-home aid services.
Charlotte Care Service	310 East Boulevard Suite 7 Charlotte, N.C. 28203	704-335-0501	Sitter agency for children and adults. www.charlottecare-grandmothers.com
Elderly Health Care Services	6336 Providence Road Charlotte, N.C. 28226	704-364-0513	Consultation resource for the elderly; no fee.
Rest Care	4530 Park Road Charlotte, N.C. 28209	704-559-8125	In-home aid agency; CNA and care giving. www.rescare.com
Charlotte Medical Clinic	1001 Blythe Boulevard Suite 500 Charlotte, N.C. 28203	704-355-5100	Services: adults only; dermatology specialists see both adult and pediatric; routine exams and physicals; preventive medicine and screening; treatment of major and minor illnesses; minor surgical procedures; in office x-rays and lab work. www.charlottemedical.com

Community Resources
Housing / Shelter

Agency/Clinic	Address	Phone	Services
Housing			
Charlotte Housing Authority	1301 South Boulevard Charlotte, N.C. 28203	704-336-5183	Mixed income housing; Section 8 voucher program; assisted (low income) housing; real estate properties; client services; assessment and coordination of programs. http://www.cha-nc.org/
Family Housing Services			
Habitat for Humanity	3815 Latrobe Drive Charlotte, N.C.	704-376-2054	Habitat Charlotte builds affordable homes for low-income families currently living in inadequate housing. http://www.habitatcharlotte.org/
Disability Rights and Resources (formerly Program for Accessible Living)	5801 Executive Center Drive Suite 101 Charlotte, N.C. 28212	704-537-0550	Fair housing www.disability-rights.org
Senior Centers (senior housing information program)	2225 Tyvola Road Charlotte, N.C.	704-522-6222	www.cmseniorcenters.org/links.htm
Emergency Shelter			
Charlotte Emergency Housing	P O Box 9373 Charlotte, N.C. 28299	704-335-5488	Resident programs; on-site child care; case management; nursing services; family counseling and life skills; training for residents; transitional services for up to one year after residency ends. www.charlotteemergencyhousing.org
Salvation Army (women and children)	534 Spratt Street Charlotte, N.C. 28206	704-334-4731	200 beds; child-care services; parenting and computer classes; substance abuse treatment; case management; transportation to community agencies. http://salvationarmycharlotte.org/

Community Resources
Housing / Shelter

Agency	Address	Phone	Services
Uptown Shelter for Men	1210 North Tryon St. Charlotte, NC	704-334-3187	Provides emergency shelter, meals, clothing and comprehensive services including substance abuse counseling and job and housing assistance to homeless men.
The Relatives (for youth)	1100 East Blvd. Charlotte, N.C.	704-377-0602	Co-ed, 9 bed emergency shelter serving runaway, homeless and other youth in crisis ages 7-17. Youth may reside at the shelter for up to 14 days, or they may receive referrals, problem-solving, and support through a walk-in appointment or the crisis hotline. 24-hour supervision, individual and family conferences, community referrals, educational activities and transportation to and from school. http://www.alexanderyouthnetwork.org/programs/relatives.html
Transitional Housing Program, The Salvation Army	534 Spratt Street Charlotte, N.C. 28206	704-348-2560	

Community Resources

Housing Repairs

Agency/Clinic	Address	Phone	Services
Community Development (city) (old city hall)	600 E. Trade Street Charlotte, N.C. 28202	704-336-2016	Community Relations (CRC); neighborhood development; code enforcement; graffiti hotline; housing services; neighborhood services.
Community Development (county)	700 N. Tryon Street Charlotte, N.C. 28202	704-336-3753	Mecklenburg County land and development; Mecklenburg County land use.
Disability Rights and Resources (Formerly Programs for Accessible Living)	5801 Executive Center Dr. Suite 101 Charlotte, N.C. 28212	704-537-0550	Center for independent living for people with disabilities; provide information and referrals for community resources and services; offer independent living skills training; advocacy; peer advocates - mentoring my people with disabilities living in the community. www.disability-rights.org
Charlotte Area Fund	901 North Tryon Street Charlotte, N.C. 28206 Mailing: P O Box 34188 Charlotte, N.C. 28234	704-372-3010	Free weatherization improvements and minor home repairs including: attic and floor insulation; door and window weather stripping or replacement; replacement of broken windows; and the caulking of cracks. These services are designed to help clients conserve energy costs, and allowing the access funds to be utilized in other important areas. As part of these services, heating and cooling systems may also be repaired or replaced for homeowners. http://charlotteareafund.org/weatherizationprogram.htm

Community Resources
Information/Referrals

Agency/Clinic	Address	Phone	Services
Department of Social Services - Information Line	301 Billingsley Road Charlotte, N.C. 28211	704-432-1111	Telephone assistance line for anyone who calls needing information about available resources.

Community Resources

Medical Supplies, Equipment, and Assistance

Agency/Clinic	Address	Phone	Services
Medical Supplies/Assistance/ Equipment			
Easter Seals UCP North Carolina Belk Children's Center	716 Marsh Rd Charlotte, NC 28209		Medical rehabilitation; job training and employment; child care; adult day programs; camping and recreation.
Easter Seals UCP North Carolina	5700 Executive Center Drive, Suite 110 Charlotte, NC 28212	704-529-5195	www.easterseals.com
Ostomy Connection of Charlotte (formerly United Ostomy Association)	Doesn't have physical address	704-331-9500 704-573-1835	Meetings; home/hospital visits; parent's group coming soon; nurse available at all meetings. http://www.supportworks.org/cat741.htm
Carolinas Rehabilitation	1100 Blythe Blvd. Charlotte, NC 28203	704-355-4300	Job training and vocational rehabilitation services. http://www.carolinasrehabilitation.org/
American Cancer Society	6000 Fairview Road Suite 200 Charlotte, N.C. 28210	704-552-6147	www.cancer.org
Charlotte Speech and Hearing Center (Hearing Aid Loan Bank for Seniors)	210 Woodlawn Road Charlotte, N.C. 28217	704-625-9743	http://www.charlottespeechhearing.com/cshc/Home.html
Division of Services for the Blind	5855 Executive Center Drive Suite Suite 100 Charlotte, N.C. 28212	704-563-4168	Services in: training; employment; medical; technology; daily living skills. Services to: employers; community; vision resource guide; teens; age 55+; vision and hearing loss; food/vending services. http://www.dhhs.state.nc.us/dsb/
Metrolina Association for the Blind	704 Louise Avenue Charlotte, N.C. 28204	704-372-3870	Personal adjustment services; accessible Braille services; textbook search and purchase. http://mabnc.org .
Multiple Sclerosis Society	9801-1 Southern Pines Blvd. Charlotte, N.C. 28273	704-525-2955	Services: education; advocacy; information; peer support; therapeutic recreation. http://www.nationalmssociety.org/index.aspx

Community Resources
Medical Supplies, Equipment, and Assistance

Agency/Clinic	Address	Phone	Services
Muscular Dystrophy Association	5950 Fairview Road Suite 320 Charlotte, N.C. 28210	704-567-2912	MDA Clinics: ALS research and clinical centers; support groups; equipment funding; loan programs and repairs/modifications; summer camp program; MDA chat groups; MDA services for the individual, family, and community booklet. www.mda.org
American Rehabilitation Vocational Division	6412 Bannington Road Charlotte, N.C. 28226	704-541-5456	Case management for workers comp; not open to the public – deal with insurance companies only. www.arionline.com

Community Resources

Medications

Agency/Clinic	Address	Phone	Services
Medications			
MedAssist of Mecklenburg	5516 Central Ave. Charlotte, NC 28212	704-536-1790	Assists low income, uninsured Mecklenburg County residents necessary prescription medication to maintain their health or prevent their conditions from worsening. Provides advocacy and related educational services to low income of any age. www.medassist.org
Community Health Services	601 E. 5 th Street Suite 140 Charlotte, N.C. 28202	704-375-0172	Preventive health care for children and adults with limited means. www.chs-nc.org
Department of Social Services	301 Billingsley Road Charlotte, N.C. 28211	704-336-3150	http://charmec.org/Departments/DSS/Home.htm
Charlotte Epilepsy Support Group	200 Hawthorne Lane Charlotte, N.C. 28204	704-376-3158 800-642-0500	Monthly epilepsy support group hosts a helpful and friendly group. They share mutual support, medical information, and referrals to useful resources. http://www.supportworks.org/cat723.htm
Ostomy Connection of Charlotte (formerly United Ostomy Association)	Doesn't have physical address	704-331-9500 704-573-1835	Meetings; home/hospital visits; parent's group coming soon; nurse available at all meetings. http://www.supportworks.org/cat741.htm
The Leukemia and Lymphoma Society	5950 Fairview Rd Suite 250 Charlotte, N.C. 28210	Ph- 704-998-5012 Fax- 704-998-5010	Family support groups with healthcare professionals; patient and family education; assessing home care services; end of life stage and grief counseling. www.leukemia-lymphoma.org

Community Resources
Child & Adolescent Behavioral Health Services
Inpatient/Outpatient

Agency/Clinic	Address	Phone	Services
Kinder-Mourn www.kindermourn.org	1320 Harding Place Charlotte, NC 28204	(704)376-2580	Individual Counseling Support groups for grieving parents who have lost a child or spouse and for children who have lost parents Brochures available by request
Alexander Youth Network www.alexanderyouthnetwork.org	6220 Thermal Rd. Charlotte, NC 28222	(704) 366-8712 (704) 362-8470	Outpatient, residential, and community-based services, ages 5 – 18
Access Family Services, Inc. www.accessfamilyservices.com	2633 West Blvd. Charlotte, NC 28208	(877)521-4970 (704) 521-4970	Outpatient therapy, adolescent day treatment program, ages 5 – 18
BHC - CMC – Randolph www.carolinashealthcare.org/services/behavioral/centers/Randolph.cfm	501 Billingsley Rd. Charlotte, NC 28211	(704) 444-2400 (800) 418-2065	Inpatient and outpatient services, ages 5 -17
Catholic Social Services	1123 South Church St. Charlotte, NC 28203	(704) 370-6155	Brief services program (basic needs/financial assistance), burial assistance, mental health counseling, pregnancy support services. Programa Esperanza (Latino outreach), Refugee Resettlement
Chemical Dependency Center of Charlotte-Mecklenburg	101 Billingsley Rd. Charlotte, NC 28211	(704) 376-7447	Chemical dependency education, outpatient treatment, Spanish program, support group
Communities in Schools	601 East 5th Street Suite, 300 Charlotte, NC 28202	(704) 335-0601	CIS is a drop out prevention program which provides a variety of services which include tutoring, counseling and mentoring programs
Developmental Disabilities Services through Area Mental Health	3500 Ellington St. Charlotte, NC 28211	(704) 336-8214 (704) 336-7135	Provides services to individuals with CP, autism, traumatic, brain injury, mental retardation. Also provides case management and assistance with residential, vocational, job coaching, counseling and individual living skills

Community Resources
Child & Adolescent Behavioral Health Services
Inpatient/Outpatient

Agency/Clinic	Address	Phone	Services
Easter Seals www.nc.eastersealsucp.com	5700 Executive Center Dr. Charlotte, NC 28212	(919) 783-8898 (800) 662-7119	Mental health services, case management, residential and housing programs, respite for children, ages 5-18
Family Center, Inc www.thefamilycenter.net	2200 East 7 th St. Charlotte, NC 28204	(704)376-7180	24-hourFamily Stress Line: 704-376-7180 Child abuse/Neglect prevention and treatment programs Clinical therapy, parenting classes, in-home family education, school-based services, teen mother support groups, residential services
Family Preservation Services of NC, Inc./Family Preservation Community Services, Inc. www.fpscorp.com/Locations/NorthCarolina.asp	4601 Park Rd. Charlotte, NC 28209	(704) 344-0491	Intensive in-home services, individual, family and group therapy, outpatient services, ages 5 – 18
Institute for Family Centered Services www.ifcsinc.com	1550-A Union Rd. Gastonia, NC 28054	(704) 864-6573	Intensive in-home treatment services, family support, outpatient services, ages 5 -18
Mcleod Addictive Disease Center www.mcleodcenter.com	145 Remount Rd. Charlotte, NC 28203	(704) 332-9001	Substance abuse, youth offenders, CMS alternative school on-site, ages 13-17 Walk-in assessments
Metrolina AIDS Project Hotline	227 East Blvd. Charlotte, NC 28205	(704)536-AIDS	Case management, Emergency Funds, Free testing, HIV/AIDS education, Individual counseling, Support groups

Community Resources
Child & Adolescent Behavioral Health Services
Inpatient/Outpatient

Agency/Clinic	Address	Phone	Services
Narcotics Anonymous Hotline	3139 Amity Court, Suite 300	(704)379-0440 (800)7116375	Service and Treatment Program-24 hour help line Individual counseling Support groups
NC Health Info www.nchealthinfo.org			A web resource of local health information for North Carolinians Access to health resources on the web
Support Works www.supportworks.org	600 East Morehead Charlotte, NC 28203	(704)331-9500	Help to find and form support groups of all types and maintain a listing of more than 200 groups Hours: Mon-Thurs
Teen Health Connection www.teenhealthconnection.org	251 Eastway Dr. Charlotte, NC 28213	(704) 446-8336 Fax (704) 446-0957	Consultation, assessment, brief counseling and referrals for ongoing counseling
The Family Center www.thefamilycenter.net	2200 E. 7 th St. Charlotte, NC 28204	(704) 376-7180	School based services- Children's Personal safety program, FAST (Families and Schools Together), Child and family therapy services, ages 4-17
The Shelter for Battered Women		(704)332-2513	Emergency shelter Individual counseling Support groups for women & children
Thompson Child and Family Focus www.thompsoncff.org	6800 Saint Peter's Lane Matthews, NC 28105	(704) 536-0375	Residential treatment, day treatment, outpatient services, foster care and attachment issues, ages 6-12
Time Out Youth www.timeoutyouth.org	1900 The Plaza Charlotte, NC 28305	(704) 344-8335	Lesbian, gay, bisexual, transgendered & questioning youth support and advocacy Ages: 13-23
United Family Services www.unitedfamilyservices.org	-601 E. 5 th St. Suite 400 Charlotte, NC 28202 -9601 Holly Point Dr. Suite 200 Huntersville, NC	(704) 332-9034	Social, family and financial counseling services Community Education, Consumer Credit Counseling and Housing Services, Family counseling

Community Resources
Child & Adolescent Behavioral Health Services
Inpatient/Outpatient

Agency/Clinic	Address	Phone	Services
Victim Assistance Services	618 N. College St. Charlotte, NC 28202	(704)336-2190	Rape Crisis 24-hour hotline 704-375-9900 Domestic Violence assistance 704-336-4126 Individual counseling Support groups for victims Court assistance, Victims compensation assistance
YouthNetwork, Inc (formerly The Relatives, Inc) www.alexandersyouthnetwork.org	1100 East Blvd. Charlotte, NC 28203	(704)377-0602 -Janet Price (supervisor)	24 hour hotline, emergency shelter for young people under 18yrs Individual and family conferences Walk-in services, parenting classes Community referral

Community Resources

Pregnancy

Agency/Clinic	Address	Phone	Services
NC Health Info			A web resource of local health information for North Carolinians www.nchealthinfo.org
Angel House Maternity Home	2000 Newland Road Charlotte, N.C. 28216	704-392-6270	Live-in facility for clients as young as 13. Provides case management, life skills, parenting classes, and counseling.
BELLAS (WIC Breastfeeding Line)	2845 Beatties Ford Road Charlotte, N.C. 28216	704-336-6464	Breastfeeding support services: Margaret Davis, coordinator
CMC Biddle Point Clinic	1801 Rozzelles Ferry Rd. Charlotte, N.C. 28208	704-446-9987	Prenatal care, Spanish available www.Carolinashealthcare.org
CMC Myers Park High Risk OB	1000 Blythe Blvd. Charlotte, N.C. 28203	704-446-1526	Prenatal care www.Carolinashealthcare.org
CMC Main Carolinas Medical Center	1000 Blythe Blvd. Charlotte, N.C. 28203	704-355-2000	Baby Love www.Carolinashealthcare.org
CMC Myers Park Clinic	1350 S. Kings Drive Charlotte, N.C. 28207	704-446-1545	Prenatal care/pregnancy testing; sliding scale/Medicaid www.carolinashealthcare.org
CMC North Park Clinic	251 Eastway Drive Charlotte, N.C. 28213	704-446-9991	Hi risk ob 704-446-1526 www.carolinashealthcare.org
Florence Crittenton Services	1300 Blythe Blvd. Charlotte, N.C. 28203	704-372-4663	Pregnancy support services www.fcsnc.org
Mecklenburg County Health Department Family Planning Clinic	249 Billingsley Road Charlotte, N.C. 28211 & 2845 Beatties Ford Rd. Charlotte, N.C. 28216	704-336-6500	Regular M-F, 8-5; Evening clinic Wed. at NW until 7pm; Evening clinic Thursday at SE until 7pm www.meckhealth.org
Meck. Co. Health Dept. Family Planning Advice Line		704-336-4742	www.meckhealth.org
Meck. Co. Health Dept. Maternity Care Coordination Baby Love	2845 Beatties Ford Road Charlotte, N.C. 28216	704-336-5458	Case management for pregnant women through 2 mos. post partum www.meckhealth.org
Medicaid DSS	301 Billingsley Road Charlotte, N.C. 28211	704-353-1500	Medicaid insurance, Carolina Access Managed Care www.charmeck.org/departments/dss

Community Resources

Pregnancy

Mi Casa Su Casa	3601 Central Avenue Charlotte, N.C. 28205	704-536-9845	Latino Resource Center
Pregnancy Resource Center	1505 E. Fourth Street Charlotte, N.C. 28233	704-372-5981 704-716-3343 (Sp)	Free pregnancy testing/Spanish available; Karen Porter, RN contact www.prccharlotte.com
Smart Start/Intensive Home Visiting	2845 Beatties Ford Road Charlotte, N.C. 28216	704-336-5074	M-F, 8-5, no charge; any Mecklenburg County resident with first time pregnancy. www.smartstartofmeck.org
Triage Nurse CMC	North Park or Myers Park	704-446-1518	Obgyn
WIC Nutrition Meck. Co. Health Dept.	249 Billingsley Road Charlotte, N.C. 28211 & 2845 Beatties Ford Road Charlotte, N.C. 28216 & Eastland Mall	704-336-6500	Supplemental food/feeding program; must qualify. www.meckhealth.org

Community Resources

Social Functioning

Agency/Clinic	Address	Phone	Services
Counseling			
Hospice	1420 E. 7 th Street www.hpccr.org	704-375-0100	Offers physical, emotional, and spiritual support including pain and symptom management. Care is provided in any home setting.
Kinder-Mourn	1320 Harding Place www.kindermourn.org	704-376-2580	Addresses the special needs of grieving parents. Assists children and young people who are grieving the death of a family member or friend.
Independent Living Skills			
Metrolina Association for the Blind	704 Louise Avenue www.mabnc.org	704-372-3870	Assists individuals who are blind and visually impaired in maintaining an independent lifestyle by providing case management, counseling, rehabilitation and transportation.
Ex-Offenders			
Energy Committed to Offenders (ECO)	P O Box 33533 904 Pecan Ave. 28233 www.ecocharlotte.org	704-374-0762	Non profit assists in improving the quality of life by restoring offender to their families, community, helping them find work and reduce recidivism.
Marriage			
Counseling Center at Charlotte	328 West Carson Blvd. http://charlottecounseling.org/	704-375-9025	Provides outpatient Christian counseling concerning but not limited to health/aging, sexual, physical abuse, separation/divorce, stress management, crisis/trauma, chronic/terminal illness.
Catholic Social Services	1123 S. Church Street www.cssnc.org	704-370-6155	Offers pregnancy support, adoption, counseling, Hispanic services, immigration, youth services, family life, refugee resettlement, economic development, justice and peace education.
Family Outreach and Counseling	700 Parkwood Ave.	704-333-2033	Offers a variety of counseling services. Leave message and will be called back.

Community Resources

Social Functioning

Agency/Clinic	Address	Phone	Services
Presbyterian Samaritan Counseling Center	5203 Sharon Road www.presbyteriansamaritan.org	704-554-9900	Offers counseling in a wide range of issues including but not limited to adolescents, anger management, anxiety, depression, parenting, loss and grieving, blended families, marital difficulties.
United Family Services	601 E. 5 th St. Suite 400 info@ufscft.org	704-332-9034	Offers a variety of programs and areas; counseling and education, employee assistance, crisis interventions & advocacy, domestic violence and economic independence.
Children			
The Relatives	1100 East Blvd. www.relatives.org	704-377-0602	Co-ed 9 bed emergency shelter that serves runaway, homeless and other youth in crisis ages 7 - 17.
Youth Services Bureau	720 E. 4 th Street	704-336-2926	Conducts investigations, family assessments, in home case management and administers foster care and adoption services.
Family			
Family Outreach and Counseling	700 Parkwood Avenue	704-333-2033	See above.
Delinquency			
Problem Pregnancy			
Catholic Social Services	1123 S. Church Street	704-333-9954	See above.
Children's Home Society of NC	www.chsnc.org	704-527-9923 1-800-632-1400	Offers services in: birth parent, adoption/post adoption, foster care, and home study. (Local number does not have voice mail).
Crisis Pregnancy Center	1311 E. Morehead St.	704-372-5981	Offers pregnancy testing, support, counseling, education, alternatives to abortion.
Planned Parenthood	4822 Albemarle Road #103	704-536-7233	Offers an array of health care services, family planning, male health, diabetes screening, immunizations, etc. and education

Community Resources
Social Functioning

Agency/Clinic	Address	Phone	Services
Telephone Counseling			
Reachline	301 S. Brevard	704-336-6121	Support service for individuals contemplating suicide. Serve only local residents.
The Relatives	1100 E. Blvd.	704-377-0602	See above - 24 hour crisis line
Peer Support			
Support Works	500 E. Morehead St. Suite 222	704-331-9500	Helps people find 200 support groups in Mecklenburg County and research medical information (volunteer group).

Community Resources Support Groups

Agency/Clinic	Address	Phone	Services
AA	1427 South Boulevard Charlotte, N.C. 28203	704-332-4387	12 Step fellowship for people who wish to share their experience, strength and hope to recover from alcoholism.
Al-Anon	4800 Wedgewood Drive Charlotte, N.C. 28210	704-523-1159	12 Step fellowship of relatives and friends of alcoholics.
Brother 2 Brother		704-295-1555	Support for African American men that are infected with HIV/AIDS. Meets every other Saturday at a confidential location.
Community Health Services	601 E. 5 th Street Charlotte, N.C. 28202	704-375-0172	Immunizations; physical exams; health counseling; health education; referrals; tb screenings.
Compassionate Friends	221 E. Broad Street Statesville, N.C.	704-882-4503	Support, friendship and understanding for parents and siblings bereaving the death of a child.
Down's Syndrome	P O Box 34787 Charlotte, N.C. 28203	704-536-2163	Support groups for parents raising children with Down's Syndrome and small age appropriate groups for children.
Florence Crittenton	1300 Blythe Blvd. Charlotte, N.C. 28203	704-372-4663	Maternity Program (ages 10 and up), P.A.L.S. (preparation for adult living skills) program and Sarah's House (mother/child program).
Kinder-Mourn	1320 Harding Place Charlotte, N.C. 28204	704-376-2580	Individual counseling, support groups for grieving parents who have lost a child or spouse and for children who have lost parents.
LaLeche League	3501 West W. T. Harris (north location) 8300 Providence Road (south location)	704-510-8807 (Jessica @ North) 704-366-7787 (Caroline @ South)	Breast feeding education and monthly meetings.
Learning Disabilities Association	8810 Blakeney Professional Dr. Charlotte, N.C. 28277	704-542-0470	Support for children with learning disabilities and ADHD.
Lupus Foundation	1235 East Blvd. Charlotte, N.C. 28203	704-849-8271 Ext. 222	Support and educational meetings for people with lupus, their families and friends.
Multiple Sclerosis	Call for locations	704-525-2955	Support groups for people with Multiple Sclerosis.
Narcotics Anonymous	Call for locations	704-379-0440	12 Step program for recovering addicts.

Community Resources Support Groups

Overeaters Anonymous	Call for locations	704-331-9500 Ext. 742	12 Step fellowship of individuals helping each other understand and recover from compulsive overeating.
Agency/Clinic	Address	Phone	Services
ParentVOICE	Call of locations	704-336-7128	Support group for parents of youth with significant behavioral issues, emotional or mental health problems.
United Ostomy Association	Visitation done while patient is hospitalized	704-573-1835 Cristale Norwood	Support groups for people who have colostomies, ileostomies or urotomies. Encouragement is provided along with info and support in order to assist patient to return to a normal state of living.
Vet Center	223 South Brevard St Charlotte, N.C. 28202	704-333-6107	Individual counseling for veterans and support groups.

Community Resources
Teen Health

Agency/Clinic	Address	Phone	Services
CMC Biddlepoint	1801 Rozzelles Ferry Rd. Charlotte, N.C. 26216	704-446-9987	Provides primary healthcare by offering physical exams, lab work, immunizations and counseling services.
CMC Eastland	5516 Central Ave. Charlotte, N.C. 28212	704-446-1000	Physical exams, immunizations, sports physicals.
CMC Myers Park	1350 S. Kings Dr. Charotte, N.C.	704-446-1360	Physical exams, immunizations, sports physicals.
CMC Northpark	251 Eastway Dr. Charlotte, NC 28213	704-446-9991	Physical exams, immunizations, sports physicals, has an evening clinic.
Teen Health Connection	251 Eastway Dr. Charlotte, NC 28213	704-921-6074	Provides complete affordable health care for teens. www.teenhealthconnection.org

Community Resources Transportation

Transportation	Address	Phone	Services
Mass Transit			
Department of Transportation (Bus Information)	545 Spratt Street Charlotte, N.C. 28206	704-336-3366	Transit/light rail info line.
Ride Share/ Van Pool			
Department of Transportation	545 Spratt Street Charlotte, N.C. 28206	704-336-7433	Transit info line.
Medical Appointments		704-336-7433	
Department of Social Services Medicaid recipients, persons 60 and over or handicapped	301 Billingsley Road Charlotte, N.C. 28211	704-336-4547	Transports Medicaid recipients to medial appointments.
American Red Cross	2545 Park Road Charlotte, N.C. 28236	704-376-1661	Transports residents of Mecklenburg and Iredell Counties free of charge. Services are for those who have no other means of transportation to remedial or preventive care appointments.
Bethlehem Center (target area—Seniors)	2705 Baltimore Avenue Charlotte, N.C. 28203	704-375-1417	Head Start Program, after school care, summer camp, senior citizen programs.
Shepherd's Center (target area—seniors)	3115 Providence Road Charlotte, N.C. 28211	704-365-1995	Computer classes, counseling about Medicare and health insurance, legal assistance (i.e. living will, etc), mini college (7 week sessions).
Matthews Community HELP Center	119 N. Ames Street Charlotte, N.C. 28105	704-847-8383	English as a second language, crisis assistance, info & referral, community connection, health related services, food and nutrition services, clothing and seasonal programs.
Blumenthal Cancer Center (cancer patients)	CMC - Main	704-355-2884	Individual and family counseling, support groups, pastoral care, educational programs, patient & family info room and patient care coordinators.

Community Resources Vision Referrals

Agency/Clinic	Address	Phone	Services
Horizon Eye Care Optometric Eye Care	19900 West Catawba	704-892-1000	Lake Norman area. Straight Medicaid only. Children any age. No HMO's Call Lions for glasses.
Dr. James B Black & Dr. Deborah A. Black	1-77 North,Exit 25	704-896-3311	Lake Norman area. Glasses and accessories, no contacts. Children of any age
Drs.Funderburke & Price Optometric	518 West Johns St.	704-847-9833	Matthews area. Glasses and accessories, no contacts. Accepts children 4 years and up.
Mt.Holly Eye Clinic	7749 Matthews Mint Hill Rd.	704-545-9797	Mint Hill area. Glasses and accessories, no contacts. Accepts children at any age.
Lions Services INC.	612 S. Main St.	704-822-0099	Mt. Holly area. Glasses and accessories. No contacts. Accepts children at any age.
Horizon Eye Care	4600 N. Tryon St.	704-599-4760	North Charlotte area. Glasses and accessories, no contacts. Accepts children 2 years and up.
Advanced Eye Care	10520 Park Road	704-541-6127	Pineville. Glasses through Lions Club. No contact. Straight Medicaid only. No HMO's. Call the LIONS SVC for Glasses 704-599-4760. Accepts children any age.
Charlotte Optometry Group PA	15235 John J. Delaney Dr.	704-752-1744	SW Charlotte, Eye Exams only. Accepts children at any age.
Yvonne T. Shook, Optometrist	8701 J.W. Clay Blvd.	704-510-0816	University area. Eye exams only. Accepts children 5 years and up.
Horizon Eye Care	1433 Emerywood Dr.	704-535-2020	Archdale-Tyvola, Eye exam only. Children any age.
Charlotte Optometry Group PA	11010 David Taylor Blvd.	704-717-0058	Straight Medicaid only; no HMO's; children any age. Call LIONS for glasses.
Reeves eye Clinic	3061 N Sharon Amity Rd.	704-567-6755	Eye Exam only. Children at any age.
University Eye Ass.	919 Central Ave.	704-333-0799	Eye Exam only. Children 5 and up.
	8316 Medical Plaza Dr. Hickory Grove location.	704-541-1551	Glasses and Accessories. Accepts children 3 years and up.

Community Resources
Vision Referrals

Vantage Vision Care	1016 South Church	704-375-3935	Glasses and accessories. Accepts children 5 years & up.
Philip Gaskins and Associates	4456 Randolph Rd.	704-365-6477	No glasses, no accessories. Eye exams only. Accepts children 5 years and up.
Charlotte Optometry Group, PA	11025 Carolina Place PKWY	704-341-7676	No glasses, no accessories. Eye exams only. Children 5 years and up.
Horizon eye care	7903 Providence Rd.	704-341-3220	No glasses, no accessories; glasses covered at LIONS CLUB. Straight Medicaid only. NO HMO's. Accepts children at any age.